Type each line, perfectly, without looking or fixing, within 30 seconds. Repeat the line until you accomplish the goal.

Pressure cooker Home Row HEIR OTNG L shift, period +UC+W R shift +BY

30 Sec

| 9 wam | To sow; is how; so low; |
|--------|--|
| 12 wam | To sow; is how; so low; to own; |
| 14 wam | Tina has left for Tucson. Rob did not |
| 16 wam | To sow; is how; so low; to own; too low; |
| 18 wam | Fran knew it was her job to guide the trucks. |
| 20 wam | Tina has left for Tucson; Dori can find her there. |
| 20 wam | Ali lost to Ron; Cal lost to Elsa; Di lost to Del. |
| 20 wam | Cecil hikes each day on the side roads near school. |
| 22 wam | Rob and Elsa lost the big fish when they were distracted. |
| 24 wam | We will go if the weather gets too cold. Walt will take us. |
| 24 wam | Cindy and Cat can come any Tue. or Fri. but not Mon. or Wed. |
| 26 wam | Judy left yesterday afternoon for that big ice show at Lake Tahoe. |
| 28 wam | J. T. and Kathryn are tall. Tess and Terri returned. Sue and Gus fled. |